

January 10 Retreat Preparation Checklist

Due: January 3, 2010 :

- Take the Clifton Strengthsfinder Survey
- Write down your user id, password and access code and put it in a secure place
- After the survey is complete, email your "Top 5" to rlyon.stdenis@gmail.com
- Return Parental Consent Form
- Return Waiver and Release form
- Prepare retreat materials and return with consent form

January 10, 2010

Arrive at Vallebrosa Retreat Center by 11 am.

Drop off your children in front of the mansion at the main entrance (circular drive)

We will be in the Serra Room

Retreat Schedule:

11 am Gathering and opening prayer

11:30 Lunch in Cafeteria

12:15 Return to Serra Room

12:30 Clifton Strengthsfinders Presentation by Sr. Celeste Arbuckle and Vivian Clausing of the Archdiocese of San Francisco

1:30 Breakout groups

2:00 Re-convene as a group

3:15 Mass with Father Jose

4pm Dismissal and Pick-up

(Students will be put in groups of 8-10 with one chaperone per group.)